Variable	Question	Response options
Past treatment sought	Have you received treatment for tinnitus in the past?	Yes (1), No (0)
Tinnitus maskability (using other sounds to distract from tinnitus)	How well can sounds around you distract you from your tinnitus or make the tinnitus less noticeable?	Fully (1), Partially (2), Not at all (3)
Hearing aid use	Do you wear hearing aid(s) or any other amplification devices?	No (0), One ear (1), Both ears (2)
Medication use	Do you currently take any medications?	Yes (1), No (0)

## Supplemental Material S4. Treatment-related variables (4 variables).